

Our Lady of Snows Parish Spring Blood Drive



Sunday, March 3, 2019

9:00am ~ 3:00pm

School Basement - St. Joseph's Hall

When you give blood, you give
Another day at the beach,
Another hike in the woods,
Another night under the stars,
Another smile,
Another hug,
Another chance at life.

Eligibility Criteria:

- Bring **DONOR CARD** or ID with signature or photo.
- Minimum weight 110 lbs.
- Age 16-75 (16 year olds must have parental permission. Age 76 and over need Doctor's Note)
- Eat well (low fat) & drink fluids
- No tattoos for past 12 months

 **New York** Blood Center