

Partners in FAITH™



Helping our children grow in their Catholic faith.

May 2022

Our Lady of the Snows Church
Regina Moreno, Pastoral Associate



Thoughtful Moments

Talk about God

Children are naturally curious about God. Discuss your child's concept of Him. Does he see God as a loving parent or a harsh police officer, for example. Children are more likely to want to spend time with someone who is kind. Remind them that Jesus wants us to know God as our Father who loves and accepts each of us unconditionally.

A family novena

Introduce your children to the power of the novena. Together choose an intention and spend the next nine days praying about it. You can pray the Rosary for nine days, recite the Divine Mercy chaplet, or even write a novena service of your own. Even better, find out if your parish has a novena service you can attend as a family.

"And he went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart"
(Luke 2:51).



Help children love the Mass

At each Catholic Mass, Jesus Christ becomes sacramentally present among us, feeding us with the fullness of love. Helping children know and love the Mass will help them experience His love throughout their lives.

Prioritize. A busy family can have competing activities throughout a weekend. Yet, going to church together sends a strong message to children that Mass is more important than any of them. Don't miss Mass on Sunday or Holy Days. If you know you'll be traveling for vacation, research nearby Catholic churches and Mass times beforehand.

Prepare. Discuss the Gospel before Mass and read Scripture together often. Help children perform a daily

examination of conscience and go to Confession regularly to ensure everyone eligible can receive Communion.

Pray. Praying as a family is one of the ways to activate the graces we receive through the Sacraments. Start with a decade of the Rosary or traditional prayers before meals or bedtime. Our sacramental life sanctifies our everyday life. **Sing.** Children (of all ages) can connect with the celebration of Mass through the hymns. See



who can sing the loudest.

Celebrate! The Sacraments are channels of God's life, love, and grace. Write a special family prayer you can pray together to thank God for His many gifts after Mass. Afterwards, celebrate with a special dessert or fun family activity.

Why Do Catholics Do That ?

The world's religions bear witness to the truth that God's children yearn for the One who created us. In turn, He draws us to the mysterious encounter known as prayer.

Prayer is the raising of our minds and hearts to God, or the petition of good things

Why do Christians pray?



from Him that are in harmony with His will. Christian prayer is the personal and living relationship of the children of God with their Father, with His Son Jesus Christ, and with the Holy Spirit. It's how we stay connected with the One who loves us most.