



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Write down all the kind and loving phrases you can think of. See how many you can use today.	2 Recite the Guardian Angel prayer before bedtime. 	3 Turn off the TV and computers and tell stories after dinner tonight.	4 In St. John Vianney's honor, send a priest a thank you card.	5 Attend First Friday Mass or benediction as a family.	6 In honor of the Transfiguration, come to dinner dressed in your best clothes.
7 Recite the Apostle's Creed as an act of faith. 	8 In honor of St. Dominic, talk only of God and his blessings at dinner tonight.	9 Put on some music and have a dance-off! 	10 Help make your family more loving and patient. Resolve only to use kind words toward each other.	11 In honor of St. Clare of Assisi, watch a good movie and eat popcorn together.	12 Skip a favorite snack or activity today in honor of Jesus' suffering on the Cross.	13 Bring a meal to someone who's homebound.
14 Attend Mass as a family. pray for peace. 	15 Place some flowers before a statue of Mary, in honor of her Assumption into Heaven.	16 Put up paper in the yard. Fill spray bottles with watercolors and aim at the paper.	17 Sing a song that tells God how much you love Him. 	18 Play "Guess the saint." Give clues to see if others can guess your chosen saint.	19 Demonstrate charity by inviting friends over for dessert tonight. 	20 Have an A-Z scavenger hunt around the yard. Photograph something that starts with every letter.
21 Eat ice-cream sundaes after Mass today to celebrate the Lord's Day.	22 In honor of the Blessed Mother, pray the "Hail, Holy Queen" together. 	23 Ask the pastor what your family can do to help out in the parish.	24 Draw pictures on the sidewalk or driveway with colored chalk. 	25 Pick a beatitude and live it all day (<i>Matthew 5:3-11</i>).	26 Observe a meatless Friday today. Order a vegetarian pizza and relax.	27 Create a family dinner together. Each person makes a different part of the meal.
28 Gather up all the loose change in the house and put it in the collection basket during Mass.	29 Do one chore you have been putting off.	30 Look for a way God showed He loves you today and share it at bedtime. 	31 At dinner, share your favorite memories from the summer.			