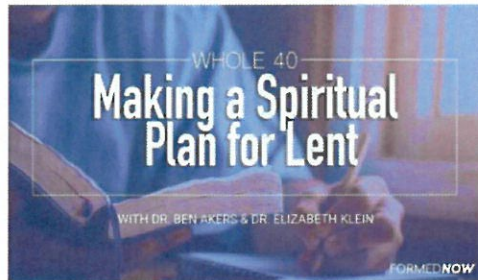


# THIS WEEK ON **FORMED**

## Week of February 11, 2024



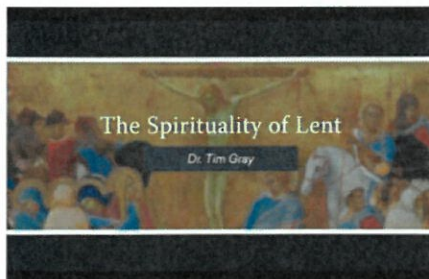
### Whole 40: Making a Spiritual Plan for Lent

Sit down with Dr. Ben Akers and Dr. Elizabeth Klein to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith.



### The Story of Death | Eternal Rest | Episode 1

Where did death come from? What does death mean for the human person? Is it simply just part of life, or is it something else? In this first session, we discuss the story of death and God's response to it: defeating death by dying and rising from the dead.



### The Spirituality of Lent

Looking to take Lent more seriously this year? Join Tim Gray for ideas for a Lenten spirituality.

### Registering for FORMED is simple!

Sign up for free at [signup.formed.org](https://signup.formed.org)

- Enter our parish zip code: "11004" then click on "Our Lady of the Snows Church"
- Register with your name and email address
- Check that email account for a link to begin using FORMED!